

Division of Psychoanalysis (39)
of the American Psychological Association
30TH ANNUAL SPRING MEETING, Chicago, Illinois

“Wild Analysis: Then (1910) and Now (2010)”

Thursday, April 22 - Sunday, April 25, 2010

All programs listed below are available for 1.5 continuing education credits.

TH-1 So Much to Hold: Exploring the Dyadic Holding Environments in Parenting, Therapeutic and Supervisory Relationships

1. Utilize original research on maternal representations of infants to understand therapist/patient experiences and apply Winnicott's concept of 'holding' to understand the experience of supervisees during clinical training.
2. Synthesize the theoretical frameworks of Bion and Fraiberg to further interventions with mother-child dyads.

TH-2 Wild Supervision: Meditations on Growth

1. Explain the developmental aspects of the supervision process.
2. Address the resonances between supervision and psychotherapy as well as their limits.

TH-3 The Broken Container and the Analyst's Intolerable Affects: Rage, Revulsion, Raunchiness

1. Describe Bion's concept of the 'container-contained' and explain how it redefines the analyst's relationship with the patient.
2. Develop the capacity for reverie and symmetrical thought to aid the therapist in containing personal experiences with intolerable affects during clinical work with patients.

TH-4 Adapting a Psychoanalytic Frame in the Shadow of Loss: New Methods and Findings from a Project Helping the Grieving Mothers and Children of 9/11

1. Describe and apply 3 interventions that can help mothers and children who survive mass catastrophes.
2. Describe 3 mutative changes that are achievable, with intervention, after mass catastrophe.

TH-5 American Exceptionalism: Psychoanalytic Perspectives on Its Costs and Decline

1. Analyze and discuss the impact of social reality on psychological experience.
2. Utilize social as well as personal triggers to understand patient anxieties.

TH-6 Karen Horney, the Science of Subjectivity - In Three Parts

1. Describe and explain the efficacy of a subjective approach to analytic treatment, as compared to the historically preferred "objective" stance, by providing a more complete critique of the utility of a meta-psychological approach to assessment and treatment outcomes.
2. Better analyze and respond to patient communications regarding unconscious hopes for rescue as evidenced by over-idealization during the early phase of therapy when positive transference feelings are most evident, thereby enabling the therapist to become more proficient at predicting, anticipating, palpating, and reducing the destructive potential of negative transference reactions in treatment.

TH-7 Wild Behavior, Widespread Fallout: The Impact of Ethical Violations on Personal and Community Dynamics

1. Identify professional ethical violations, then describe and analyze immediate and long-term consequences on individuals and organizations.
2. Help prevent further ethical violations in the professional community (through an improved understanding of the damages caused by ethical violations) and apply suggestions for dealing with ethical investigations.

TH-8 This program is not available for continuing education credit.

TH-9 This program is not available for continuing education credit.

TH-10 This program is not available for continuing education credit.

TH-11 Beyond Enactment: The Unknowable Edge of Chaos

1. Discuss their clinical traumas in a way that can benefit ongoing patient care.
2. Metabolize clinical crises without undue personal vulnerability or risks to patient care.

TH-12 Psychoanalyst as Shaman: Notes from the Field

1. Identify two similarities between psychoanalytic/psychodynamic practice and Shamanism.
2. Identify an example of constructive 'wild' analysis from his/her own practice.

FR-1 Barebacking Raw and Uncut

1. Identify two motivations for barebacking and two theories of barebacking promulgated in the professional literature.
2. Identify and make therapeutic use of two countertransference responses to barebacking reported by a patient.

FR-2 Beyond Neutrality: On Taking Sides and Speaking the Unspeakable

1. Identify ways in which cultural forces impact their patients and affect the therapeutic relationship.
2. Make more informed decisions about the pros and cons of moving beyond the silence of neutrality in their clinical interactions with patients.

FR-3 Roundtable Discussion: Everything that Meets the Eye: When the Therapist's Life Enters the Consulting Room

1. More effectively utilize countertransference and transference to inform clinical work.
2. More effectively analyze and address the impact of therapist life transitions on therapy course and outcome.

FR-4 Can We Talk about a Relational Psychoanalytic Technique? Two Approaches

1. Critique the current discourse on Relational technique and demonstrate the need for principles of analytic conduct that are unique to that analytic paradigm.
2. Describe the benefits of and apply an unobtrusive clinical stance that embraces Relational ideas and allows for the emergence of less articulated experience.

FR-5 This program is not available for continuing education credit.

FR-6 The Wild and the Wise: Searching for Clinical Wisdom

1. Explain the importance of raising questions about psychoanalytic theory and method for which the answers may not be known.
2. Explore the boundary between clinical wisdom and narcissistic omniscience.

FR-7 The Experience of Chronic Pain through a Psychoanalytic Lens: Theory, Technique and Outcomes

1. Use an enhanced sensitivity to the conflicts and countertransference reactions when witnessing chronic pain syndromes in clinical work.
2. Articulate a current/updated view of physiological pain from a psychoanalytic perspective.

FR-8 This program is not available for continuing education credit.

FR-9 Where the Wild Things Live: The Use of a Supervision Group to Contain and Elaborate Disavowed and Multiple Self-Other Configurations

1. Conceptualize and describe a model of mind based on multiple self-other identifications.
2. Apply a model of mind to a group supervision process.

FR-10 Dialectical Constructivism: Existential, Sociopolitical and Clinical Contexts

1. Identify the main principles of dialectical constructivism and recognize how analytic therapy conducted in accord with this perspective differs from analytic therapy conducted in accord with various objectivist viewpoints.
2. Describe both the existential and the sociopolitical contexts of dialectical constructivism and consider ways in which analytic therapists' greater consciousness of both these domains promises to expand their sense of possible ways that their own participation could facilitate morally enlightened changes in their patients' ways of being in the analysis itself and in the world.

FR-11 Radical Psychoanalysis - Then and Now

1. Describe the changes in psychoanalytic theory and practice that contributed to the increasing conservatism in psychoanalytic thought, especially in America.
2. Identify those strands in contemporary psychoanalytic thinking that support or detract from developing a radical critique of society and support or inhibit taking effective action.

FR-12 Analyzing the Wild Child: When the Trauma Inside Comes from Outside

1. Describe possible roles of traumatic reality on development.
2. Recognize the effects of a traumatic history on the course of a child's treatment.

FR-13 When Is Pleasure "Wild"?: The Analyst's Pleasure in Analyzing and Its Controversies

1. Describe major controversies surrounding forms of pleasure experienced by psychoanalysts in their work.
2. Identify when experiences of pleasure in the work are detrimental to it and to patients.

FR-14 This keynote address is not available for continuing education credit.

SA-1 Rethinking Tavistock: Enactment, the Analytic Third, and the Implications for Group Relations

1. Utilize the concepts of enactment and the Analytic Third to analyze group dynamics in Group Relations conferences.
2. Identify the relevant theoretical concepts associated with the study of intersubjective group phenomena.

SA-2 The Call of the Wild: 1910-2010

1. Place the concept of "wild analysis" in historical and theoretical context and discuss theoretical biases as contributors to wild analysis.
2. Discriminate between actual neuroses and psychoneuroses.

SA-3 Caught in the Cross Currents and Keeping Your Bearings: A Couple's Session from "In Treatment"

1. Identify the central dynamics of a high conflict couple in therapy and demonstrate knowledge of various approaches to couple therapy.
2. Describe aspects of the transference and countertransference in the session from "In Treatment" so as to improve one's own awareness of transference and countertransference during psychotherapy with patients.

SA-4 This keynote address is not available for continuing education credit.

SA-5 How Attachment Theory Can Help Us Understand Prejudice

1. Describe the relationship between early developmental interpersonal conditions and adult affiliations with large groups, and how this may influence prejudice in clinical work and in society.
2. Describe how attachment styles may interact with large group dynamics.

SA-6 On Dissociation

1. Distinguish dissociation as a form of psychopathology from dissociation as a normal process.
2. Distinguish unformulated experience from conventional understandings of unconscious.

SA-7 This program is not available for continuing education credit.

SA-8 Jacques Lacan and the Direction of Treatment: Towards an End to Wild Analysis

1. Articulate Lacan's critique of mainstream psychoanalysis.
2. Articulate elements of *the pass* in Lacanian psychoanalytical training and the relevance of this method/process for one's identity as a psychoanalyst.

SA-9 Ghosts in the Attic: Alienated Identifications, Wild Subjectivity, and Remembering What Must Not Be Forgotten

1. Use an understanding of the concept of alienated identification to analyze the intergenerational transmission of trauma and apply it to the clinical situation.
2. Identify the ways in which the analyst's subjectivity can spontaneously emerge and impact the treatment then use this understanding to negotiate its emergence therapeutically in the clinical situation.

SA-10 Critical Incidents: Psychoanalytic Perspectives on the Politics of Being Multicultural and Multiracial

1. Identify at least two ways that sociocultural messages related to gender, race, and immigration influence clinical practice.
2. Describe how psychoanalytic theories can inform understanding of dynamics related to race and immigration in the political domain.

SA-11 Analysis of Two Wild and Crazy Guys: Countertransference and Sexuality in Current Psychoanalytic Practice

1. Identify three theories of the origins and uses of countertransference.
2. Apply these theories to recognize countertransference more astutely in clinical material and to use countertransference more effectively during treatment with patients.

SU-1 Hooking Up: Psychoanalysis and the Virtual Search for Connection

1. Conceptualize and describe the implications for development, relationship and therapeutic connection that have been brought about by cyberspace.
2. Apply an effective approach to the clinical treatment of cyberspace excesses and abuses.

SU-2 Risky Business: The Supervisory Experience

1. Distinguish between the Hungarian and Berlin schools of supervision.
2. Name two ways in which the supervisor's personal life and object relations may influence the conduct of supervision.

SU-3 From the Classroom and Academia to the Psychotherapist's Office and Back Again: Intensifying Self-Observing and Containing Skills in the Student, Supervisor/Consultant and Administrator

1. Explain how insights derived from "wild psychoanalysis" can be applied to internal processing, and to formulations and interventions in the classroom and university settings in a way that promotes containment and stabilization in potentially disruptive situations.
2. Explain how "wild analysis" originates in very specific internal processing steps that require close reviews and re-visitation to gain optimal management and focus so as to use such observations to meet the therapeutic needs of the patient.

SU-4 What is Analysis?

1. Recognize ways in which psychoanalytic ideas can be applied to diverse populations.
2. Understand the paradoxical quality of emotional life that is essential to psychoanalysis.

SU-5 A Wild Ride: Becoming a Psychodynamic Clinician in an Era of Prescriptions and Constrictions

1. Identify two examples from the session that show how 'wild feelings' can inform clinical applications that are "off the beaten path" and also clinically useful.
2. Conceptualize and describe one example from his/her own clinical work in which the therapist's ability to step "off the beaten path" was useful in the treatment.

SU-6 Where the Wild Things Are: Sexuality and Anxiety in the Therapeutic Dyad

1. Track moment-by-moment shifts in therapeutic interaction and apply effective strategies for regulating stimulation and excitement.
2. Analyze, for patient benefit, the movement from concrete experience to attachment and intersubjective relatedness that allow enjoyment and nonfunctional eroticism.

SU-7 This program is not available for continuing education credit.

SU-8 Close Encounters of a Psychoanalytic Kind: Struggling with Boundaries in an Intimate Dyad

1. Identify at least two ways in which clinical decisions regarding boundaries may be informed by an analyst's theoretical orientation.
2. Describe the practical applications of a self-psychologically informed perspective on boundaries, safety, and affective regulatory structures.